

Aging Your Way:
Creating an
Age-Inclusive
Canada, Together

CanAge.ca/AgingYourWay





TODAY'S TOPIC

New Approaches to Aging at Home











HOST



CanAge.

Laura Tamblyn Watts CEO CanAge





LAURA TAMBLYN WATTS, LLB

Laura Tamblyn Watts, president and CEO of CanAge, is a highly sought after expert regarding matters involving older adults in Canada and around the world. She currently teaches at the University of Toronto, where she is also a Fellow of the Institute for Life Course and Aging.

Laura is an Executive Member of the Canadian Bar Association's National Elder Law section and a Board member of the National Initiative for the Care of the Elderly. She is also a board member of the Investment Funds Institute of Canada's (IFIC) committee on Seniors and Vulnerable Investors, PACE Independent Living, Elder Abuse Prevention Ontario, and an incoming member of the Investment Industry Regulators Organizations of Canada (IIROC).





AGENDA

- 1. Welcome & Introduction
- 2. Keynotes:
 - Jackie Tanner
 - Louise Bardswich
- 3. Moderated Discussion and Q & A
- 4. Stay in Touch, Resources & Acknowledgements







WHO WE ARE

- **CanAge** is Canada's National Seniors' Advocacy organization.
- We are a non-partisan non-profit organization that educates, empowers and mobilizes people on the issues that matter most to older Canadians and their caregivers.
- We work to advance the rights and well-being of Canadians as we age in order to live vibrant and connected lives.



Introducing:



of Canada's Seniors.

A Roadmap to an Age-Inclusive Canada





VOICES



The 6 Compass Points of this Roadmap are:

- V Violence and Abuse Prevention
- Optimal Health and Wellness
- Infection Prevention and Disaster Response
- Caregiving, Long-Term Care, Home Care and Housing Resources
- **E** Economic Security
- Social Inclusion

VOICES



Caregiving, Long-Term Care, Home Care & Housing Resources



Issue 21: Family Caregiver Supports

Issue 22: Long-Term Care National Quality Standards

Issue 23: Long-Term Care Residence Staffing Reform

Issue 24: Infrastructure Investment and Upgrade

Issue 25: Change Long-Term Care Model of Care

Issue 26: Home Care

Issue 27: Housing Affordability

Issue 28: Support Aging in Place





Social Inclusion



Issue 35: Loneliness and Social Exclusion

Issue 36: Seniors and Technology

Issue 37: Transportation

Issue 38: Address and Reduce Ageism

Issue 38: Indigenous Seniors

Issue 40: Promote Intergenerationalism





SPEAKER



Jackie Tanner, MSW, RSW

Program Manager, Clinical Lead Canada HomeShare





JACKIE TANNER

Jackie is an experienced clinical social worker specializing in working with older adults and their families. Jackie's clinical focus is social isolation and aging in place. She completed her SSW at George Brown College, BSW at Ryerson University, MSW at the University of Toronto with a specialization in Gerontology and is currently pursuing a certificate in Family Mediation.





SPEAKER





Louise Bardswich

Golden Girls Port Perry





LOUISE BARDSWICH

Louise lived in Welland for 13 years in the '70s and raised her family there. She was a full time professor of Mathematics at Niagara College. She then joined the administrative ranks and became the Information Officer at Niagara before becoming the Director of Information Technology at Georgian College in Barrie, a position she held for 7 years. From there she became a Dean of Technology at Humber College. She finished her career as an in-house consultant for the Colleges collective bargaining agency and after her retirement continued her consulting. Louise is active on various community boards in Port Perry. She is happily retired and a proud mother and grandmother. She currently lives with three of her friends in a shared home ownership arrangement in Port Perry, Ontario. In 2019, the quartet became known as the Golden Girls of Port Perry when they successfully had the Ontario Planning Act amended in order to permit and encourage shared home ownership.

LINKS FROM TODAY'S SPEAKERS



1. Golden Girls Port Perry:

https://goldengirlsportperry.ca/

2. Canada HomeShare:

https://www.canadahomeshare.com/

3. NICE (National Initiative for the Care of the Elderly):

https://www.nicenet.ca/

4. CBC Video HomeShare experience:

https://www.cbc.ca/news/canada/toronto/homeshare-seniors-students-1.6 284430





UPCOMING: live & online TALKS

- February 24 1-2pm ET
 Talk #12: Healthy Sleep
- March 15, 1-2pm ET
 Talk #13: Mapping Your
 Aging Journey, Part One

Visit CanAge.ca/AgingYourWay to register



Educational Speaker Series

Healthy Sleep

February 24, 2022 1-2 pm ET

Free to attend!
Register today:
CanAge.ca/AgingYourWay







RESOURCES

Visit CanAge.ca/AgingYourWay for resources from today's presentation

Download our other resources at CanAge.ca/Resources

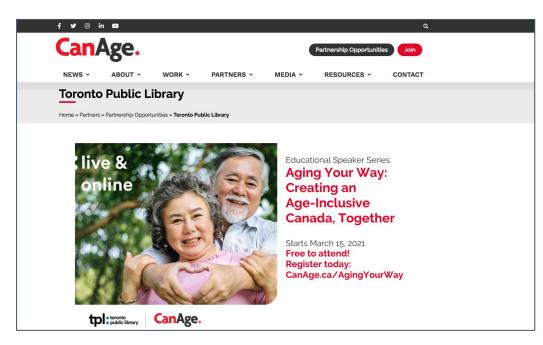
Available at CanAge.ca/AgingYourWay





WATCH PAST TALKS





A recording of today's webinar will be available here at a later date

- 1. Using Technology to Stay Connected
- 2. Stop the Stigma: Ageism
- 3. Power of Attorney 101
- 4. Retiring Well: How to Protect Your Savings
- 5. Fighting Fraud: Avoiding Scams
- 6. Using Technology to Fight Dementia
- 7. Caregiver Survival Guide
- 8. Fake News: Identify and Ignore
- 9. Cannabis and Older Adults





GET IN TOUCH

- 1 Visit our website CanAge.ca
- **CanAge Connections**Our monthly newsletter

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3 Follow us on social media



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5 Contact us info@canage.ca





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