

live &
online



Educational Speaker Series

Aging Your Way: Creating an Age-Inclusive Canada, Together

CanAge.ca/AgingYourWay

TODAY'S TOPIC

Cannabis and Older Adults

tpl toronto
public library

CanAge*



HOST



CanAge 

Laura Tamblyn Watts
CEO CanAge

LAURA TAMBLYN WATTS, LLB

Laura Tamblyn Watts, president and CEO of CanAge, is a highly sought after expert regarding matters involving older adults in Canada and around the world. She currently teaches at the University of Toronto, where she is also a Fellow of the Institute for Life Course and Aging.

Laura is an Executive Member of the Canadian Bar Association's National Elder Law section and a Board member of the National Initiative for the Care of the Elderly. She is also a board member of the Investment Funds Institute of Canada's (IFIC) committee on Seniors and Vulnerable Investors, PACE Independent Living, Elder Abuse Prevention Ontario, and an incoming member of the Investment Industry Regulators Organizations of Canada (IIROC).

AGENDA

- 1. Welcome & Introduction**
- 2. Keynotes:**
 - Marilyn White-Campbell
 - Dr. Siân Bevan
- 3. Moderated Discussion and Q & A**
- 4. Stay in Touch, Resources & Acknowledgements**

The image is a full-page background featuring a scenic landscape of a mountain lake. The left half of the image is overlaid with a solid red color, while the right half shows the natural colors of the scene. The landscape includes steep, rocky mountains, dense evergreen forests, and a calm lake that reflects the surrounding scenery. A white horizontal line is positioned above the text 'About CanAge'.

About CanAge

CanAge✱

WHO WE ARE

- **CanAge** is Canada's National Seniors' Advocacy organization.
- We are a non-partisan non-profit organization that educates, empowers and mobilizes people on the issues that matter most to older Canadians and their caregivers.
- We work to advance the rights and well-being of Canadians as we age in order to live vibrant and connected lives.



Introducing:


VOICES
of Canada's Seniors.

A Roadmap to an
Age-Inclusive Canada

VOICES



The 6 Compass Points of this Roadmap are:

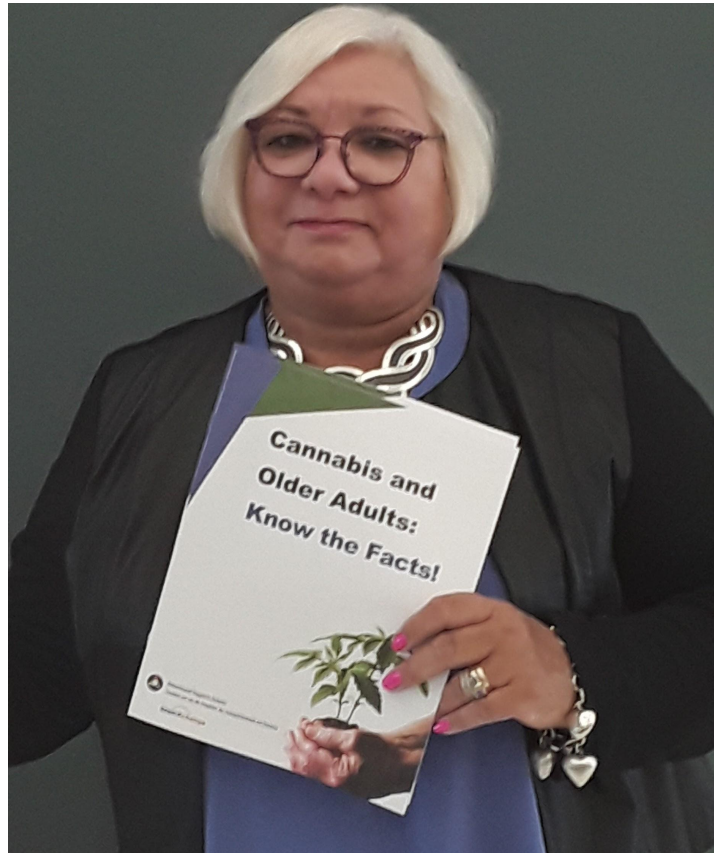
- V** Violence and Abuse Prevention
- O** Optimal Health and Wellness
- I** Infection Prevention and Disaster Response
- C** Caregiving, Long-Term Care, Home Care and Housing Resources
- E** Economic Security
- S** Social Inclusion



Optimal Health & Wellness

- Issue 6:** Sensory Health
- Issue 7:** Dementia and Cognitive Impairment
- Issue 8:** Mental Health and Substance Abuse
- Issue 9:** Increase Sector Capacity in Geriatrics
- Issue 10:** Rehabilitative Care
- Issue 11:** Wait Times
- Issue 12:** Inter-Jurisdictional Practices
- Issue 13:** Innovation
- Issue 14:** Hospice, Palliative and End of Life Care
- Issue 15:** System Change

SPEAKER



Marilyn White-Campbell

Clinical Geriatric Addictions Specialist,
Baycrest Long-Term Care Behavioural Support
Outreach teams

MARILYN WHITE-CAMPBELL

Marilyn White-Campbell is a Clinical Geriatric Addictions Specialist with Baycrest Long Term Care Behavioural Support Outreach teams. She is the provincial Lead for BSO BrainXchange Older Adult Substance Use Collaborative and has recently launched "Cannabis and Older Adults, Know the Facts." Marilyn is a co-investigator with Canadian Coalition for Seniors Mental Health, which established 4 national clinical best practice guidelines for SUD's in older adults including; Alcohol, Benzodiazepines, Cannabis and Opiates and is co-chair for the Alcohol Working Group. She is the recipient of the Ontario Psychogeriatric Award of Excellence, and recipient of the inaugural 2018 "Seniors' Mental Health Outstanding Care & Integrative Practice Award" from the Canadian Academy of Geriatric Psychiatry/CCSMH. With over 35 years clinical experience working with older adults with SUD's, she is recognized as a pioneer in the field of Geriatric Addictions.

SPEAKER



Dr. Siân Bevan

Chief Science Officer, The Arthritis Society

DR. SIÂN BEVAN

Dr. Siân Bevan is the Arthritis Society's Chief Science Officer responsible for driving the scientific research, advocacy, public policy and programs and services agenda to maximize reach and impact. Siân completed her PhD in Medical Biophysics at the University of Toronto, after her undergraduate studies in Biochemistry at McGill University.

Before joining the Arthritis Society, she held progressively senior roles at the Canadian Cancer Society where she was most recently the Vice-President of Research, providing scientific leadership and financial stewardship for the Cancer Society's \$40 million research program. In this role, Siân worked closely with the research community, promoted evidence-based public policy, program and information development, oversaw cancer surveillance efforts, identified and leveraged partnerships with medical, scientific and academic communities and worked closely with revenue development and communications teams. Before joining the Cancer Society she led the research programs team at the Ontario Genomics Institute working with the scientific community, federal and provincial research funders, academic institutions and hospitals to cultivate large scale genomics projects.

LINKS FROM TODAY'S SPEAKERS

1. Behavioural Supports Ontario Substance Use Collaborative, ***Cannabis and Older Adults: Know the Facts!***
https://brainxchange.ca/Public/BSO/Files/Substance-Use/Cannabis-Older-Adults-Know-the-Facts_Accessible_FI.aspx
2. The Canadian Research Network for Care in the Community, ***The Straight Dope on Cannabis and Older People***
<https://www.ryerson.ca/content/dam/crncc/knowledge/infocus/factsheets/InFocus-Marijuana.pdf>
3. Canadian Coalition for Seniors' Mental Health, ***Canadian Guidelines on Cannabis Use Disorder Among Older Adults***
https://ccsmh.ca/wp-content/uploads/2020/01/Cannabis_Use_Disorder_ENG_WEB_Jan-21.pdf
4. The Arthritis Society, ***Medical Cannabis:*** <https://arthritis.ca/treatment/medication/medical-cannabis>
5. The Arthritis Society, ***Webinars***

Medical Cannabis for those over 50	https://arthritis.ca/get-involved/participate/find-an-event-near-you/events/webinars/2021/medical-cannabis-for-those-50
Medical Cannabis: Edibles, Topicals & Oils	https://arthritis.ca/get-involved/participate/find-an-event-near-you/events/webinars/2020/medical-cannabis-edibles.-topicals-oils
Can Cannabis Help Treat My Arthritis	https://arthritis.ca/get-involved/participate/find-an-event-near-you/events/webinars/2019/can-cannabis-help-treat-my-arthritis

Visit CanAge.ca/AgingYourWay to register



UPCOMING : live & online TALKS

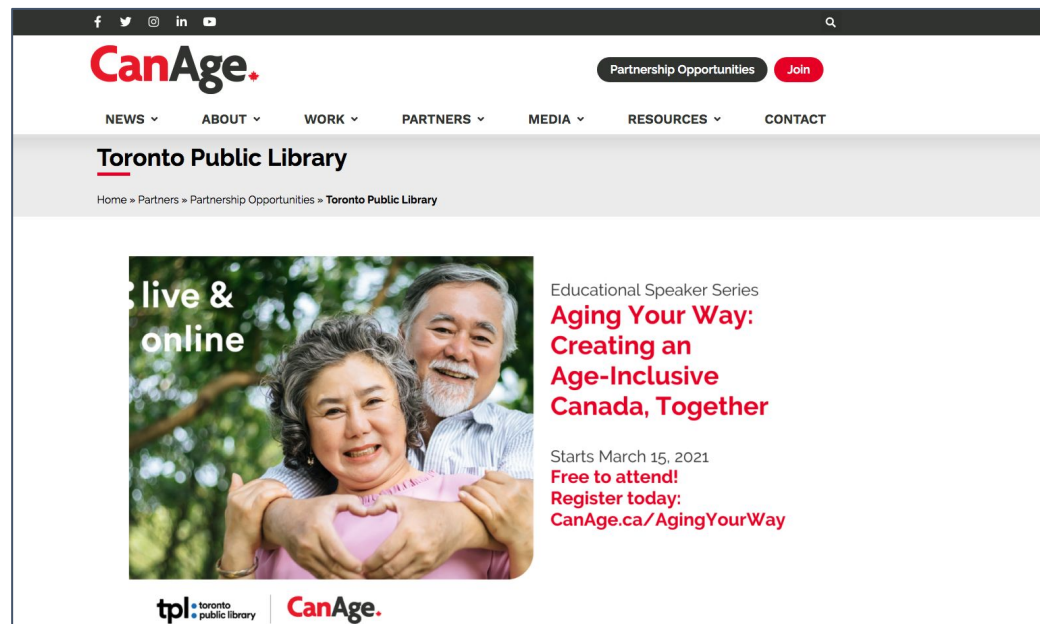
Look out for our 2022 programming, coming soon!

RESOURCES

Visit **CanAge.ca/AgingYourWay** for resources
from today's presentation

Download our other resources at
CanAge.ca/Resources

WATCH PAST TALKS



A recording of today's webinar will be available here at a later date

1. Using Technology to Stay Connected
2. Stop the Stigma: Ageism
3. Power of Attorney 101
4. Retiring Well: How to Protect Your Savings
5. Fighting Fraud: Avoiding Scams
6. Using Technology to Fight Dementia
7. Caregiver Survival Guide
8. Fake News: Identify and Ignore ¹⁸

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- 1

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info@canage.ca

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Thank you