

Visiting People with Dementia in Long-Term Care Homes

Residents with dementia may have special needs and considerations when visiting during COVID-19.

- 1** Window visits can make the person with dementia more agitated and confused.
- 2** Outside visits for a person with dementia are best done as alone as possible in a familiar location or wandering pathway at the long-term care homes, as reminders of physical distancing may not be effective for them.
- 3** If the person has a better time of day, schedule a visit during that time.
- 4** Consider whether a companion stuffed animal may be comforting.
- 5** Create art, pictures, and new memory boards for their rooms.
- 6** Share the resident's favourite music with them, via a bluetooth speaker, a tablet, iPad or iPod.
- 7** Engage in a comforting outdoor activity, but the visitor must remain the required 2 metre distance. Consider if additional supports are needed.

Visit [CanAge.ca/tools](https://www.canage.ca/tools) to learn more!